

ALL ABOUT THE WOMAN'S CONDOM

Q. WHAT IS THE WOMAN'S CONDOM?

The Woman's Condom is a new kind of female condom that is made from a soft, smooth material that is worn inside the vagina.

The closed end of the condom is wrapped inside a capsule. The capsule dissolves quickly after insertion into the vagina, allowing the pouch to open up inside the woman. The ring at the open end of the condom remains outside the vagina.

The Woman's Condom lines the vagina and covers the cervix. The condom forms a physical barrier between the cervix and sperm, helping prevent pregnancy and sexually transmitted infections (STIs). The Woman's Condom also provides added protection against STIs by covering part of the woman's external sex organs and the base of the penis. It is a great safer-sex option for men and women who want to prevent unintended pregnancies and protect themselves against STIs, including HIV.

REMEMBER: No method is 100% effective. To be effective, you must use the Woman's Condom consistently and correctly every time you have sex.

Q. WHAT ARE THE ADVANTAGES OF THE WOMAN'S CONDOM?

- The Woman's Condom can enhance pleasure during sex. Its soft, thin material warms up to your body temperature.
- Men may feel more sensation because the Woman's Condom does not constrict the penis like male condoms. Women may enjoy stimulation from the ring touching their clitoris.
- Unlike other female condoms, the Woman's Condom comes folded in a capsule that makes it easy to handle and insert. Get creative with insertion—let the woman take charge, or insert it together as part of foreplay.
- The Woman's Condom comes with a packet of silky, long-lasting lubricant to be applied after the condom is inserted. Choose the amount that is right for you, and have fun putting it on.

Q. IS THE WOMAN'S CONDOM SAFE?

Yes. Over the past ten years, the Woman's Condom has been evaluated in five studies across five countries. Results from these studies confirm the Woman's Condom is safe to use. In these studies, women had few reports of safety concerns or irritation when using the Woman's Condom. Furthermore, the Woman's Condom is being evaluated in three ongoing studies that will provide additional data about safety.

Q. DOES THE WOMAN'S CONDOM HAVE ANY SIDE EFFECTS?

No. There are no side effects associated with using the Woman's Condom.

Q. IS THE WOMAN'S CONDOM EASY TO USE?

Yes. The Woman's Condom was designed to be easy to use. But just like anything new, it may take a little practice. Try inserting the Woman's Condom a few times before using it with your partner. Find a comfortable position to insert it. This may be sitting, squatting, or lying down. Either partner can insert the Woman's Condom. Have fun putting it in!

Q. WHAT IS THE CONDOM POUCH MADE OF?

The Woman's Condom pouch is made of thin polyurethane film (0.03 mm), a soft and strong material. The Woman's Condom can be used safely by individuals with latex allergies.

Q. WHAT IS THE PURPOSE OF THE CAPSULE? WHAT IS IT MADE FROM?

The capsule should make it easier for you to handle and insert the condom. It is made from a non-irritating film that has been used in medical products for many years. The film dissolves in the same way as capsules you take by mouth, which also dissolve when you swallow them. Women have not reported any side effects or safety issues related to the use of the capsule in clinical trials.

REMEMBER: When you open the Woman's Condom package, do not pull the dissolving capsule off the condom because you use the capsule to insert the condom.

ALL ABOUT THE WOMAN'S CONDOM

Q. WHAT HAPPENS TO THE CAPSULE AFTER I INSERT THE WOMAN'S CONDOM INTO MY BODY?

The capsule mixes with the moisture in your vagina and dissolves quickly, usually in about 30 to 60 seconds. After sex, your natural vaginal secretions help wash the small amount of moisture from the capsule out of your body. It does not build up upside you no matter how many times you use the Woman's Condom.

Q. HOW LONG BEFORE SEX SHOULD I INSERT THE WOMAN'S CONDOM?

In clinical studies, most women report that they insert the Woman's Condom shortly before sex (i.e., 5 to 15 minutes before sex). Wait 30 to 60 seconds for the capsule to dissolve before you have sex.

Q. HOW DO I KNOW IF THE WOMAN'S CONDOM IS INSERTED CORRECTLY?

Push the dissolving capsule as far inside your vagina as you can. The ring should remain on the outside of the vagina. Inserting the condom 5 to 15 minutes before sex makes the condom more stable during use.

Then ask yourself, is it comfortable? Is the ring flat around the opening of my vagina? If the answer is "yes" to the above, then the Woman's Condom is in place.

Q. WHAT IS THE PURPOSE OF THE FOAM SHAPES, AND WHAT ARE THEY MADE OF? HOW DO I KNOW THAT THEY WILL NOT FALL OFF DURING SEX?

The foam shapes help keep the condom stable in the vagina during sex. They are made of polyurethane foam, the same material used in wound dressings. After the capsule dissolves and releases the pouch inside the vagina, the foam shapes gently press into the vaginal wall and help hold the pouch stable in the vagina during sex. The foam shapes are secured onto the condom through heat-welding; no adhesives are used. Women have not reported any problems with the foam shapes slipping off during clinical studies.

Q. WHY IS THE WOMAN'S CONDOM PACKAGED WITH LUBRICANT?

Each condom comes with its own small packet of water-based lubricant. Woman's Condoms are packaged dry because the insertion capsule and foam shapes need to stay dry until the condom is used. Adding lubricant to the inside of the Woman's Condom or directly onto the penis helps ensure that the penis can slide easily in and out of the condom. If no lubricant is used, the penis may pull the condom out of the vagina. You may also want to add lubricant onto the capsule to help insert the condom.

Q. CAN I USE ANY TYPE OF LUBRICANT WITH THE WOMAN'S CONDOM?

The Woman's Condom was tested with the water-based lubricant that comes packaged with the condom, so using this lubricant is recommended.

While other types of lubricant can be used, they may not give the same acceptability as the lubricant that is provided.

Q. HOW MUCH LUBRICANT DO I NEED TO USE?

You can experiment with how much or little lubricant you and your partner need. Some women add a bit of lubricant to the capsule to help slide it into the vagina. After the condom capsule is inserted into the vagina, a few drops of lubricant should be added onto the inside of the condom or directly onto the penis, or both. Lubricant can enhance pleasure and make sex more intimate and fun.

Q. CAN THE WOMAN'S CONDOM ENHANCE PLEASURE DURING SEX?

Yes. Some women may like the sensation of the ring rubbing against their clitoris. Either partner can insert the Woman's Condom, which can be sexy. The material is also very soft and thin and warms to the body temperature, so sex with the Woman's Condom can feel more natural than sex with a male condom. Men may like that the Woman's Condom is not tight or constricting on the penis.

Q. CAN THE WOMAN'S CONDOM DISAPPEAR INSIDE MY BODY?

No. The Woman's Condom cannot disappear inside your body. The Woman's Condom covers the cervix; the opening to this is so small that it is impossible for the condom to pass through this space. The cervix only opens up during childbirth.

Q. DOES THE RING HAVE TO BE HELD DURING SEX?

No. Once the penis is inside the condom, you don't need to hold the ring.

ALL ABOUT THE WOMAN'S CONDOM

Q. CAN THE WOMAN'S CONDOM BE USED IN DIFFERENT SEXUAL POSITIONS?

Yes. You may want to first use it in the sexual position that you are most comfortable with before trying other positions.

Q. CAN THE WOMAN'S CONDOM BE USED DURING PREGNANCY?

Yes. The Woman's Condom can be used during pregnancy. Since the condom does not move beyond the cervix it cannot harm you or your unborn child. The Woman's Condom can also be used shortly after giving birth when other contraceptives are not suitable.

Q. CAN THE WOMAN'S CONDOM BE USED AFTER A HYSTERECTOMY?

Yes. The Woman's Condom can be used after a hysterectomy.

Q. CAN THE WOMAN'S CONDOM BE USED TOGETHER WITH HORMONAL CONTRACEPTIVES SUCH AS THE PILL, INJECTIONS, AND OTHER LONG-ACTING METHODS OF PREGNANCY PREVENTION?

Yes. The Woman's Condom can be used with the pill, injections, implants, and the intrauterine device.

Q. CAN I USE THE WOMAN'S CONDOM TOGETHER WITH A MALE CONDOM?

No. Never use a male condom and the Woman's Condom at the same time. Using the two condoms together increases the chances of either one or both of them breaking and DOES NOT increase protection.

Q. CAN I REUSE THE WOMAN'S CONDOM?

No. A new Woman's Condom should be used every time you have sex.

Q. CAN I USE THE WOMAN'S CONDOM FOR ANAL SEX?

The Woman's Condom is not designed for anal sex. It has not been studied or approved for anal sex use.

Q. DOES THE WOMAN'S CONDOM COME IN DIFFERENT SIZES?

No. The Woman's Condom fits all women regardless of their size or shape.

Q. WHAT IF THE RING IS PUSHED INSIDE MY VAGINA?

STOP. Remove the Woman's Condom and insert a new condom.

Q. WHAT IF THE PENIS ENTERS TO THE SIDE OF THE CONDOM?

If the penis enters to the side of the condom, against the vaginal wall, STOP. Guide the penis back into the condom, with additional lubrication if necessary.

Q. WHAT SHOULD I DO IF THE WOMAN'S CONDOM SLIPS OR IS USED INCORRECTLY?

If the Woman's Condom slips or is used incorrectly, talk to your health care provider about emergency contraception. If you show any signs or symptoms of an STI, consult your health care provider.

Q. HOW DO I DISPOSE OF THE WOMAN'S CONDOM?

The Woman's Condom should be disposed of in the garbage, not down the toilet.

1. Twist the ring to seal the condom to prevent the semen from spilling out.
2. Pull the condom out and wrap it in the package it came in or in a tissue.
3. Dispose of the Woman's Condom in the same way you dispose of sanitary towels.

Q. HOW LONG CAN I KEEP THE WOMAN'S CONDOM?

An expiration date is printed on every Woman's Condom package.

Q. WHERE CAN I FIND OR PURCHASE THE WOMAN'S CONDOM?

In China, the Woman's Condom can be purchased online through Taobao.

All other product inquiries should be directed to:

Hua Chen, President

Shanghai Dahua Medical Apparatus Co., Ltd.
No. 85, Shengshan Road
Chongming Industrial Park
Shanghai, China
200011
shdahua1@msn.cn